

**LONG LAKE YACHT CLUB SAILING INSTRUCTIONS  
FOR CLASS C SCOW  
Adopted 04/23/2017**

**DISCLAIMER**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in Long Lake Yacht Club races are participating entirely at their own risk. The race organizers will not be responsible for damage to any boat or other property or for the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor, or in the case of minors, each competitor's parent or guardian agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**CERTIFICATION OF LIABILITY INSURANCE**

By participating in Long Lake Yacht Club races, each skipper certifies that he or she holds liability insurance for every boat he or she has registered with Long Lake Yacht Club.

**1. RULES**

- 1.1. All races will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. The Sailing Committee is a committee of skippers elected by the sailors. The Race Committee are the judges responsible for on-the-water management of the races.

**2. RACING SCHEDULE**

- 2.1. The LLYC racing schedule will be as published by the LLYC C Class.
- 2.2. A minimum of two boats must present themselves in the starting area for a valid race.
- 2.3. Abandoned races will not be rescheduled.
- 2.4. In extreme cases (e.g. when weather conditions have caused an unusually high number of abandoned races), the Sailing Committee may convene a skipper's meeting to discuss rescheduling abandoned races. Races may be rescheduled only with the unanimous approval of C Scow skippers.

**3. SAILING EQUIPMENT**

- 3.1. Sailing equipment, including hulls, spars, sails, etc., may be replaced, altered, and/or substituted during the season, providing the equipment is properly authorized by the C Scow Class.
- 3.2. Each boat must display its registered number (LL-#) on its sails by June 20 or have prior permission from the Sailing Committee. A boat shall notify the RC at the finish if it is racing under a non-registered sail number.

**4. COURSE SETTING PROCEDURE**

- 4.1. The Race Committee will make every effort to run all races to port. Unless designated with the course signal, all marks will be left the same direction as the starting mark.
- 4.2. Courses, starting, and other signals will be displayed on the Race Committee boat.

**5. COURSES AND COURSE SIGNALS**

- 5.1. The course diagrams with identifying letters shown in these instructions indicate the types of courses to be sailed and the method of designation. The identifying course letter will be displayed on the Race Committee boat before or with the warning signal, along with a number indicating the number of laps, complete or partial, to be sailed to the finish. No compass headings will be used. The approximate minimum course length will be 6 miles. Offset marks may be used at the weather mark at the discretion of the Race Committee. When used, offset marks shall be rounded each lap of the course.
- 5.2. Only the following courses are to be sailed: 8-3/4 (Figure 8), O-2, W-3 1/2, W-4 1/2 and W-5 1/2.
- 5.3. The Race Committee may set a gate instead of Mark 2 for any Windward/Leeward course. If a gate is to be used, the course designation will include '-G' (e.g., W-3 1/2-G) and boats shall sail between Mark 2S and Mark 2P from the direction of the last mark and round either Mark 2S to starboard or Mark 2P to port, as shown on the COURSE ILLUSTRATIONS page.

**6. MARKS**

- 6.1. Marks shall be an orange flag fixed atop a metal pole extending approximately three feet above the water line. A yellow foam ball shall serve as floatation.

**7. SHORTENED COURSE**

- 7.1. Rule 32 is modified in that a course will not be reduced in length by reducing the number of laps or by moving the marks closer together once the race has started. The absolute minimum course length will be approximately 5 miles.

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**8. STARTING AND FINISHING LINES**

- 8.1. The starting line will be between the staff displaying the Class flag (or Orange flag, if used) on the race committee boat and the starting mark.
- 8.2. The finishing line will be between the staff displaying the blue finishing flag (or Orange flag, if used) and the finishing mark. The line will be approximately 100 feet long and will be as close to right angles as possible from the last mark.

**9. STARTING SIGNALS AND TIMES**

- 9.1. These starting signals will be displayed from the Race Committee boat at the stated scheduled times:

SIGNAL	FLAG	SOUND	MINUTES BEFORE START	FRIDAY	SATURDAY	SUNDAY & OTHERS
PREWARNING	NO FLAG	4 SHORT	6	6:24 pm	1:54 pm	11:24 am
WARNING	CLASS FLAG DISPLAYED	1 SOUND	5	6:25 pm	1:55 pm	11:25 am
PREPARATORY	I FLAG DISPLAYED	1 SOUND	4	6:26 pm	1:56 pm	11:26 am
ONE-MINUTE	I FLAG REMOVED	1 LONG	1	6:29 pm	1:59 pm	11:29 am
START	CLASS FLAG REMOVED	1 SOUND	START	6:30 pm	2:00 pm	11:30 am

**10. INDIVIDUAL RECALL**

- 10.1. To recall individual premature starters when most premature starters can be identified, the Race Committee will hail and/or broadcast each boat identified by number ASAP .

**11. GENERAL RECALL**

- 11.1. When a general recall has been signaled, a new warning signal will be made one minute after the lowering of flag "First Substitute" (triangular, yellow on blue) with one sound.

**12. CHANGING MARK LOCATION**

- 12.1. When changing the course after the start, the race committee will lay a new mark and will lift the original mark as soon as practicable.
- 12.2. A change of course will be signaled on the leg before the leg being changed by a race committee boat that will display Flag C, if possible, and sound a horn periodically and will hail and/or broadcast the approximate compass bearing to the new mark (E, N, SW, etc.)The change will be signaled before the leading boat has begun the changed leg, although the new mark may not yet be in position.

**13. POSTPONEMENT**

- 13.1. A race may be postponed for the following reasons:
  - 13.1.1. Unfavorable weather conditions.
  - 13.1.2. Shifting winds, drifting judges boat, or other conditions which may result in an unfair race.
  - 13.1.3. Any other reason determined by the Race Committee.
  - 13.1.4. When requested to do so by the Sailing Committee.
- 13.2. The length of a postponement shall be as short as possible. However, the maximum length of a postponement shall be as follows: (a) Saturday, Sunday and holiday races = 60 minutes, (b) Friday Races = 1 hour and 15 minutes before sunset. Except that if at the end of the postponement period the Race Committee has established a course and a starting line, it may extend the postponement up to 10 minutes.
- 13.3. Postponement is signaled by raising the Answering Pennant ("AP" = trapezoidal, red and white vertical stripes) with two sounds. "AP" is lowered with 1 sound. Warning or other signals will be made one minute thereafter.

**14. ABANDONMENT**

- 14.1. Before or after the starting signal, the Race Committee may abandon a race because of foul weather endangering the boats, or because of insufficient wind, or because a mark is missing or has shifted, or for any other reasons directly affecting the safety or fairness of the competition. The Flag N (blue and white checkered) over Flag H (vertical ½ White & ½ Red) is hoisted, accompanied by three sounds that the race is abandoned all boat should seek shelter. In the event of foul weather, the Race Committee will attempt to notify each boat individually.

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14.2. The Race Committee may abandon a race after the start on the first lap of the course when the necessary and appropriate change of course due to a wind shift is impossible without affecting the length of the course. The Race Committee may restart this race if the Warning Signal can be displayed within postponement period. When the Race Committee intends to restart, it shall be so signaled by raising Flag N alone with 3 sounds.

15. TIME LIMITS

15.1. In any race, should the leading boat complete the course in the actual time of less than exactly 2 hours, it shall be a valid race.

15.2. The Race Committee may abandon a race after the start on the first leg of the course when the first boat that has started correctly fails to reach the windward mark within 20 minutes for courses with 6 windward legs, 25 minutes for courses with 5 windward legs and 30 minutes for courses with 4 windward legs.

16. ALTERNATIVE PENALTIES

16.1. The 720 turns penalty, rule 44, will apply. A boat that takes a penalty shall report that fact to the Race Committee at the finish.

16.2. A boat that does not comply with the above requirements, but acknowledges an infringement shall comply with rule 44.3 with the following provisions.

16.2.1. The race score for a boat that takes a Scoring Penalty shall be the score she would have received without that penalty, made worse by six places. However, she shall not be scored worse than Did Not Finish.

17. SCORING SYSTEM

17.1. Series points and awards will be given to only those boats that are skippered by members of Long Lake Yacht Club.

17.2. Series points and awards will be given to only those boats that are registered in writing with the club's Secretary/Treasurer.

17.3. The High Point Percentage System will apply.

17.4. To qualify for inclusion in the final series results a boat shall compete in 70 percent of the races completed.

17.5. RACE SCORES. Define 'N' to be the number of boats that compete in a particular race. Each boat finishing that race and not thereafter retiring or being disqualified will be scored as follows:

Finishing place	Score
First	N
Second	N-1
Third	N-2
Fourth	N-3

Each place thereafter subtract 1 point

All other boats that compete in that race, including any that finish and thereafter retire or are disqualified, will score 0 points.

Boats that do not compete in that race (DNC) will not be scored.

17.6. SERIES SCORES. The series score for each boat will be a percentage calculated as follows: divide the sum of her race scores by the sum of the points she would have scored if she had placed first in every race in which she competed; multiply the result by 100. The qualified boat with the highest series score is the winner, and others are ranked accordingly.

17.7. TIES AND OTHER RULES. Race ties will be handled using rule A7. Series ties will be broken using rule A8.1. Rules A1, A3, A5, A6, A10 and A11 also apply.

17.8. The High-Point Trophy will be awarded on the basis of the low point system. The boat with the lowest total points accumulated for the Saturday and Sunday series with no throw-outs taken into consideration wins the High-Point Trophy.

17.9. Stay-at-Home series races will be sailed on Long Lake during the ILYA C Invitational and ILYA Championship Regattas. Series races will be scheduled on Long Lake during the ILYA C Invitational. Series races will not be scheduled on Long Lake during the ILYA Championship.

17.10. Eligibility for skippering in Craig's Crew Cup shall be limited to those individuals who have not skippered a C Scow in more than one regular season race.

18. PROTESTS

18.1. Any boat protesting another or wishing to enter a protest for any other reason must follow Part 5 of US Sailing's *The Racing Rules of Sailing* handbook with the provisions outlined in this section of the sailing instructions (section 18).

18.2. The protest committee

18.2.1. The protest committee shall be comprised of the three members of the sailing committee.

18.2.2. Alternate protest committee members shall be used in the event of a conflict of interest among any member of the committee (e.g. if a committee member or their family is a party to a protest).

18.2.3. Alternate protest committee members shall be the immediate previous chairpersons of the sailing committee.

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18.2.4. Alternates will assume the role of the committee's second vice chairperson (secretary).

18.2.5. A two-thirds majority vote by the protest committee shall render a decision in protest hearings.

18.2.6. The Chief Judge and Race Committee shall serve as advisors and/or witnesses to the protest committee when appropriate.

18.3. Protest time limits

18.3.1. A boat wishing to file a protest shall notify the race committee of her intentions at the end of the race in which the alleged infraction took place.

18.3.2. If a boat must retire as a result of the alleged infraction, she shall notify the race committee of her intention to protest at the first reasonable opportunity.

18.3.3. A boat wishing to file a protest must do so in writing using the protest form found on page 159 of US Sailing's *The Racing Rules of Sailing* handbook and must deliver the written protest to the sailing committee chairperson before the club's next weekly meeting. If a skipper is unable to attend the weekly meeting, he or she can request an extension which is subject to the approval of the sailing committee.

19. LIFE JACKETS

19.1. At the finish line of any race, the Race Committee may request that one or more boats selected at random show their life jackets. When Code Flag "Y" (Yellow and Red Diagonal Stripes) is displayed with two guns (or horns), the helmsmen and crews shall thereafter wear life jackets throughout the race or until the signal is struck. It is the responsibility of the helmsman or crew to wear life jackets when conditions warrant, whether or not Code Flag "Y" is displayed.

19.2. The penalty for failure to display life jackets when so requested by the Race Committee or for failure to wear life jackets when required by the display of Code Flag "Y" shall be disqualification.

20. LLYC CLASS C FLEET BYLAWS

20.1. The following rules have been adopted by the C Fleet Sailors:

20.1.1. A registered Class C boat is entitled to one vote regarding all matters pertaining to sailing.

20.1.2. The Class C Sailing Committee will be elected as per Article VI of the LLYC Constitution and Bylaws.

20.1.3. The Class C Sailing Committee Chair and the Commodore are non-voting ex officio members of the Junior Sailing Committee.

20.1.4. All RC and SC race communications shall be provided to C sailors on both radio channel 72 and the LLYC group text number.

20.1.5. The first meeting of the Class C Skippers will be held prior to the LLYC Annual Spring Meeting to hold elections and review the sailing instructions.